

Matters of the Heart

Take Heart Alaska's Quarterly Newsletter

Special Edition—New State of Alaska Staff Announcement



Introducing Janice Gray, new Heart Disease and Stroke Prevention Program Manager

Janice Gray, RN, BSN joined the Section of Chronic Disease Prevention & Health Promotion on October 12. Janice has been a critical care nurse for more than thirty years and a nurse manager for the past twenty-two years. During her twenty-five year tenure at Bartlett Regional Hospital in Juneau, Alaska, she was the nurse manager of the Critical Care Unit, Cardiac Rehab and Emergency Departments. She was a member of many teams and worked to develop and implement patient care protocols including stroke, chest pain, MI and heart failure, design and implement an electronic medical record and many other patient and staff centered policies and protocols. As a manager, she especially enjoyed encouraging new nurses to blossom into confident, experienced nurses and using her strong belief in research-based practice to promote the development and delivery of high quality patient care.

Janice is excited to have the opportunity to use her experience in acute care to work to improve the health and health care of all Alaskans through Public Health and the Heart Disease and Stroke Prevention Program.

In addition to her program management duties, Janice will be facilitating the activities of both the Take Heart Alaska Professional Education and Heart Disease and Stroke Treatment & Secondary Prevention Committees. Both Janice and Russ Stevens look forward to our next Take Heart face-to-face meeting in Anchorage during the Alaska Health Summit in December!



Heart Disease and Stroke Prevention Staff
Russ Stevens and Janice Gray

Call for Membership

We are working to grow our membership and expand and update our email list. If you know of someone who would be interested in receiving the Take Heart Alaska (THA) quarterly newsletter or taking part in the THA Coalition projects please forward his/her name and email address to janice.gray@alaska.gov or russell.stevens@alaska.gov. For more information on the THA Coalition mission, committees and projects, please visit the Take Heart Alaska website at www.takeheart.alaska.gov.

**Take Heart
Alaska**

Subcommittee Minutes

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